Diagnosing Lingual Airway Obstruction Using Nasopharyngeal Tube in OSAHS: Natural Sleep vs Induced Sleep

Author(s): Shuhua Li*, Chunhai Shi, Dongmei Yu, Wancheng Chen and Dahai Wu

Objective: The goal of this study was to use the results from nasopharyngeal tube polysomnography (NPT-PSG) to detect glossopharyngeal airway obstruction in patients with obstructive sleep apnea hypopnea syndrome (OSAHS) and to compare the results with those obtained by observing sleep apnea/hypopnea after nasopharyngeal tube insertion during drug-induced sleep.

Management of Cleft Lip and Palate: A Five Year Review

Author(s): Emmanuel JK Adu* and Peter Donkor

Introduction: Clefts of the lip may cause cosmetic and social problems. Clefts of the palate may affect feeding, speech and hearing.

The Evaluation of Hematologic and Platelet Function in Total Septum Reconstruction Patients

Published On: January 28, 2017 | Pages: 017 - 021
Objective: Nasal septal deviation is a common disorder of the nose and patients commonly visit clinics with complaints of nasal obstruction. As a result of nasal obstruction, patients are exposed to snoring, which causes hypoxia. ...

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**Stylohyoid Syndrome and its Surgical Treatment – A Case Report and Review of the Literature**

Published On: January 28, 2017 | Pages: 013 - 016

Author(s): Islam Abdou Elzahaby* and Elsherbini Elazazy Elshal

Stylohyoid syndrome or eagle’s syndrome is caused by calcification of the stylohyoid ligament or elongation of the bony styloid process. ...

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**Is ‘Group and Save’ Blood Request Routinely Required for Nasopharyngeal Biopsy?**

Published On: January 27, 2017 | Pages: 009 - 012

Author(s): Foster Tochukwu Orji* and Nekwu E Okolugbo

Objectives: To establish our current practice of ‘group and save’ blood for nasopharyngeal tumour biopsy (NB), and to determine the rate of blood transfusions among patients who underwent NB under general anaesthesia. ...

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**Adenoid Hypertrophy in Adults: An Underdiagnosed Entity?**

Published On: January 19, 2017 | Pages: 006 - 008
Adenoid enlargement is uncommon in adults. We studied the varied presentation of adenoid hypertrophy in two adults. A 45 year old male who presented with nasal obstruction and snoring, and a 35 year old male who presented with non-resolving chronic otitis media. ...