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Research Article

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## [Self-rating of depression in elderly prisoners in North Rhine-Westphalia, Germany](#)

Published On: October 08, 2021 | Pages: 040 - 049

Author(s): Verhülndonk S\*, Dietrich K, Folkerts AK, Christl J, Höft B, Supprian T and Kalbe E

Aim: Against the background of the rising number of elderly people being incarcerated and the rare data on this special subgroup, the aim of our study was to collect first empirical data on the affective state of elderly prisoners in North Rhine Westphalia, Germany. Methods: Data were collected in nine German prisons. We included elderly prisoners from pretrial prev ...

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## [Comparison of level of mental stress between exercising and non-exercising undergraduate physical therapy students of LUMHS, Jamshoro](#)

Published On: September 18, 2021 | Pages: 034 - 037

Author(s): Sana Naqi, Kainat Faizan, Fayaz Chandio, Aadil Ameer Ali\*, Shoaib Waqas, Suhani Bhatti and Aiman Bachani

Objective: To Compare the Level of Mental Stress among Exercising and Non-Exercising under graduate Physiotherapy Students of LUMHS, Jamshoro. Methodology: A cross sectional survey was conducted from October to December 2019, and the data was collected from the undergraduates students of Institute of Physiotherapy & Rehabilitation Sciences, Liaquat University of Medi ...

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## [“Perrotta Human Defense Mechanisms Questionnaire” \(PDM-Q\): The new psychodiagnostic tool to identify human psychological defense mechanisms and their clinical implications](#)

Published On: September 09, 2021 | Pages: 029 - 033

Author(s): Giulio Perrotta\*

Starting from the models proposed on the subject of defense mechanisms by Perry-Vaillant, Gleser-Ihilevich, Bond, Haan, Plutchik, Carver and Johnson-Gold, this research focuses attention on the need to respond to the need for a better structure than the current psychodynamic tools, in a functional framework, in terms of defense mechanisms, starting from the nosographi ...

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## [The “Human Emotions” and the “Perrotta Human Emotions Model” \(PHEM\): The new theoretical model. Historical, neurobiological and clinical profiles](#)

Published On: August 19, 2021 | Pages: 020 - 028

Author(s): Giulio Perrotta\*

Starting from the models of James-Lange, Cannon-Bard, Watson, Darwin, Ekman, Cowen-Keltner, Schachter-Singer and Mandler, a new model on the subject of human emotions, the "Perrotta Human Emotions Model" (PHEM), was prepared, which would take into account the need to order and distinguish, in a clearer and more functional way, the following concepts: (a) the "sensatio ...

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### Case Report

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## [Depths of despair: Experience report](#)

Published On: September 29, 2021 | Pages: 038 - 039

Author(s): Maria Joana Nunes de Azevedo\*

Between 2017 and 2019 I went through the experience of depression and consequently I developed anxiety. In the

beginning, in the months of November and December 2017, I found myself in a deep despair, not knowing how to identify what was happening. As an intervention, I went through consultations with the psychologist, where I had conversations, writing and positive a ...

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[DOI: 10.17352/2455-5460.000065](#)