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Research Article

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**[A multicomponent program improved cognitive and physical functions of older adults with lower GDS values](#)**

Published On: November 05, 2022 | Pages: 026 - 031

Author(s): Ayuto Kodama, Miyuki Kodama, Mitsuyo Kato, Kaoru Sugawara and Hidetaka Ota\*

Background: MCI is an intermediate stage between cognitive impairment status and persons with MCI are at high risk of developing AD. This study aimed to investigate the effects of a multicomponent program (aerobic, resistance exercises, cognitive training, music, myofascial release exercises, acupoint stimulation, and oral gymnastics) on the cognitive and physical fun ...

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Short Communication

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**[Pilot experimental study; Effect of environmental stimulation consisting of sound with high-frequency components, aromas, and light exposure from organic light-emitting diodes \(OLEDs\) toward rest-activity rhythm in institutionalized patients with dementia](#)**

Published On: April 01, 2022 | Pages: 019 - 025

Author(s): Yu Kume\*, Motoshi Tanaka and Katsutoshi Saito

Environmental stimulation is expected to have a positive impact on night sleep, psychological or functional states in dementia. The objective of this pilot study was to examine the effects of environmental stimulation consisting of sounds with high-frequency components, aromas, and light exposure from organic light-emitting diodes (OLEDs) to create comfortable living ...

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## [Holistic and individualized interventions for behavioral and psychological symptoms of dementia](#)

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Author(s): Naoya Tsukii\*

Since “living well with dementia” is a concept that varies from person to person, the care provided is expected to be customized to the individual needs of each person with dementia. Support is expected to involve shared decision-making between people with dementia and their caregivers, and a comprehensive geriatric assessment within the framework of the International ...

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## [Himotoki as a decision-making empowerment tool to live well with dementia](#)

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Author(s): Yohko Maki\* and Koichi Nakamura

Shared decision-making is indispensable among people with dementia, their families, and healthcare professionals to ensure that people with dementia live well. Since living with dementia involves the process of losing one's independence and requiring support from others in all aspects of life, everyday life becomes a series of shared decision-making and collaborative ...

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## [Co-beneficial relationship-based care for persons with dementia](#)

Published On: February 05, 2022 | Pages: 001 - 006

Author(s): Yohko Maki\* and Koichi Nakamura

Co-beneficial relationship-based care has been proposed as a basic concept of dementia care to improve the social well-being of persons with dementia and those close to them, including family members and caregivers. The aim is to empower persons with dementia to manifest their innate altruism, which is intact until the end-of-life period. As dementia may change relati ...

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