



Héctor Gadsden<sup>1\*</sup>, Sergio Ruiz<sup>2</sup>  
Gamaliel Castañeda<sup>3</sup> and Rafael A  
Lara-Resendiz<sup>4</sup>

<sup>1</sup>Senior Researcher, Instituto de Ecología, AC, Lázaro Cárdenas No. 253, Centro, CP 61600, Pátzcuaro, Michoacán, México

<sup>2</sup>Student, Posgrado Ciencias Biológicas, Instituto de Ecología, AC, km. 2.5 carretera antigua a Coatepec No. 351, Congregación El Haya, Xalapa, CP 91070, Xalapa, Veracruz, México

<sup>3</sup>Researcher-Professor, Facultad en Ciencias Biológicas, Universidad Juárez del Estado de Durango, Avenida Universidad s/n, Fraccionamiento Filadelfia CP 35070, Gómez Palacio, Durango, México

<sup>4</sup>Postdoc Researcher, Centro de Investigaciones Biológicas del Noroeste, Playa Palo de Santa Rita Sur, 23096 La Paz, Baja California Sur, México

Received: 31 March, 2018

Accepted: 21 December, 2018

Published: 22 December, 2018

\*Corresponding author: Hector Gadsden, PhD, Senior Researcher, Instituto de Ecología, AC, Lázaro Cárdenas No. 253, Centro, CP 61600, Pátzcuaro, Michoacán, México, E-mail: [hector.gadsden@inecol.mx](mailto:hector.gadsden@inecol.mx)

Keywords: Lacertilia; IButtons; Calibration; Thermal gradient; Preferred body temperature

<https://www.peertechz.com>



## Abbreviations

$T_s$ : Preferred body temperature;  $T_b$ : Body temperature;  $T_{iButton}$ : Temperature measured by modified dataloggers.

## Introduction

The preferred body temperature ( $T_s$ ) that a lizard voluntarily selects in a laboratory thermal gradient (indoor enclosure with negligible wind and specific radiant heating regime) provides a reasonable estimate of what a lizard would attain in the wild with a minimum of associate costs in absence of constraints (biotic and abiotic factors) for thermoregulation [1,2].

The recent accessibility of small dataloggers has potential to revolutionize collection of thermal data in small animals [3-5]. The DS1921 Thermochron iButton (Dallas Semiconductor, TX USA) is an ideal device to quantify temperatures [6]. An iButton is a small lightweight datalogger (~14 mm diameter, 3 mm wide, and 1.5 g) that can store an enormous amount of measurements and their dates (2048 consecutive temperature readings) facilitating long term studies. In addition, iButtons

## Research Article

# Selected body temperature in Mexican lizard species

## Abstract

Lizards are vertebrate ectotherms, which like other animals maintain their body temperature ( $T_b$ ) within a relatively narrow range in order to carry out crucial physiological processes during their life cycle. The preferred body temperature ( $T_s$ ) that a lizard voluntarily selects in a laboratory thermal gradient provides a reasonable estimate of what a lizard would attain in the wild with a minimum of associate costs in absence of constraints for thermoregulation. In this study we evaluated accuracy of modified iButtons to estimate  $T_b$  and  $T_s$  of three lizard species (*Sceloporus poinsettii* and *Sceloporus jarrovi* in northeastern Durango, and *Ctenosaura oaxacana* in southern Oaxaca, Mexico). We used linear regression models to obtain equations for predicting  $T_b$  and  $T_s$  of these species from iButtons. Results from regression models showed that  $T_{iButton}$  is a good indicator of  $T_b$  for *S. jarrovi* and *S. poinsettii* during calibration process. In the same way,  $T_{iButton}$  is a good indicator of  $T_s$  for *S. poinsettii*, *S. jarrovi* and *C. oaxacana* through experimental gradient. Thus, external measurements using modified iButtons provided an accurate measurement of  $T_b$  for *S. jarrovi* and *S. poinsettii* and  $T_s$  for three species of lizards in this study. In laboratory, body temperature ( $T_b$ ), and preferred temperature ( $T_s$ ) obtained from *S. jarrovi* and *S. poinsettii* fell within the range of  $T_s$  of other lizards in the family Phrynosomatidae.  $T_s$  measured for *S. jarrovi*, *S. poinsettii*, and *C. oaxacana* are within the range observed for lizards. Therefore, thermal preferences appear more phylogenetic that certain environmental factors present in each population of lizards of this group.

are easily programmed and have a simple interface. Robert and Thompson [6], describe a technique for modifying an iButton, which involves removing the stainless-steel housing exposing the electronic board and apply a coating of plastic (Plasti Dip Spray, Performix, USA) to reduce the size and weight of iButtons. The modified iButton can then be glued to the skin of small reptiles. Given the relatively low thermal capacity of iButtons, it is possible to obtain a good estimate of  $T_b$ . Although, Robert and Thompson [6], did not verify the accuracy of iButtons to predict  $T_b$  of animals.

In this study we evaluated accuracy of modified iButtons to estimate  $T_b$  and  $T_s$  of three lizard species (*Sceloporus poinsettii*, *Sceloporus jarrovi*, and *Ctenosaura oaxacana*). We used linear regression models to obtain equations for predicting  $T_b$  and  $T_s$  of these species.

## Materials and Methods

### Study Sites and Lizard Species

The study of sympatric species *S. jarrovi* and *S. poinsettii* was conducted at Las Piedras Encimadas canyon (25°38'47"N, 103°38'40"W), 25 km northwest of Gomez Palacio, Durango, Mexico (elevation 1,425 m). The climate at the site is seasonal, with the highest temperature and rainfall occurring in spring

and summer, respectively. Mean annual precipitation is 239 mm and mean annual temperature is 21°C [7]. Vegetation is within the Lechuguilla Scrub biome (Matorral Xerófilo with *Agave lechuguilla* [8].

*Sceloporus jarrovii* is a lizard species of montane forests and some isolated mountain habitats in the Chihuahuan and Sonoran Deserts with extensive rock exposure and crevices, at elevations between 1370–3550 m [9,10]. *Sceloporus poinsettii* is largely saxicolous, inhabits vegetated areas in canyons in arid and semiarid regions within Chihuahuan Desert, as well as forested slopes of Sierra Madre Occidental [11,9].

The lizard *Ctenosaura oaxacana* inhabits at Montecillo Santa Cruz in southern Oaxaca (16°22'05"N, 94°35'15.4"W) within Isthmus of Tehuantepec. The study site has tropical climate with a rainfall of 800 mm, and annual average temperature of 27.6 °C. The vegetation is mainly early successional and composed of shrubs and bushes [12–14]. The habitats used by this species are dry forest, Nanchal (*Byrsonima crassifolia*), grassland, riparian vegetation, and mangrove [15].

### Calibration

External data loggers generally provide accurate estimates of internal body temperatures in small ectotherms that have limited physiological capacity to control rates of heat exchange [16].

In order to observe relationship between  $T_b$  and temperature measured by modified dataloggers ( $T_{iButton}$ ) of adult lizards, three *S. poinsettii* and two *S. jarrovii* were collected by noosing in October 2012 and fitted with modified iButtons fixed dorsally on the back of lizards with cyanoacrylate glue [6]. Furthermore, in order to measure  $T_b$ , we inserted a K-type thermocouple into the cloaca of each lizard attached to a digital thermometer. We used masking tape to keep the thermocouple within the cloaca.

Thermochron iButtons were programmed to measure  $T_{iButton}$  per minute and simultaneously  $T_b$  of lizards was measured. Lizards were placed within a chamber of approximately 40 x 25 x 30 cm, equipped with incandescent light bulbs controlled by a thermostat for adjusting temperature. The temperature of each of five lizards was measured during one hour by increments of about 5 °C (within chamber) for 20-minute intervals. The experiment began with 25 °C, after 20 min of measurement increased to 30 °C, and finally at 35 °C.

### Calibration temperature analysis

Analysis of covariance (ANCOVA) was performed to observe relationship between a change in  $T_b$  and  $T_{iButton}$ , and to determine whether there is a difference between those lizard species. Within analysis,  $T_b$  and  $T_{iButton}$  were assigned as covariates and the fixed factor was the species. Then, we developed a regression model for each species. The models met assumptions of normality and homoscedasticity of residuals. All data analysis and figure were performed using statistical package R [17].

### Selected body temperature

Adults of *S. poinsettii* and *S. jarrovii* were collected by

noosing in October 2012 and separated into two categories based on individuals with presence or absence of iButtons attached on the back of both lizard species. Preferred body temperatures ( $T_s$ ) and iButton temperatures ( $T_{iButton}$ ) of captive lizards were measured in a thermal gradient (*S. poinsettii*:  $n = 9$  lizards without iButtons and  $n = 8$  lizards with iButtons; and *S. jarrovii*:  $n = 10$  lizards without iButtons and  $n = 6$  lizards with iButtons). The thermal gradient consisted of a 1 × 1.5 × 0.5 m wooden enclosure and divided lengthways into six separate compartments. Heat was provided at one end of each compartment by a 250 W infrared lamp. The laboratory climate was adjusted so that at one end of thermal gradient reached 50 °C and 20 °C at other end, thus forming a continuous gradient [18]. We collected lizards four days before  $T_s$  were measured to allow lizards to acclimate for at least 18 h prior to testing.  $T_s$  of all lizards was measured every hour from 9:00 until 18:00 hours (the normal activity period of each species). We inserted a K-type thermocouple in the cloaca using the same digital thermometer to measure  $T_b$ . Simultaneously;  $T_{iButton}$  was measured with iButtons attached on the back of both lizard species. Preferred temperature ranges were generated with upper and lower bounds established by using central 50% of body temperatures per lizard [18]. By using central 50%, the outliers resulting from nonthermoregulatory behavior (e.g., escape or exploratory behavior) were eliminated [18].

Moreover,  $T_{sel}$  for *C. oaxacana* ( $n = 7$  lizards) was also measured in a thermal gradient inside a wooden box with similar dimensions to those described above and with same range of temperatures between 20 °C and 50 °C. Individuals were picked by noosing each hour to record simultaneously both temperatures, one automatically registered by modified iButton ( $T_{iButton}$ ), and the other ( $T_s$ ) by a cloacal thermometer Miller and Weber®.

### Selected body temperature analysis

To test whether there was significant difference between  $T_s$  (measured through a digital thermometer) of *S. poinsettii* and  $T_s$  of *S. jarrovii*, and between  $T_{iButton}$  and  $T_s$  in both species, were compared with a Student t test when data met requirements for use of parametric tests (normality and homogeneity of variances, test Kolmogorov–Smirnov and Levene, respectively), and if not we used nonparametric Mann–Whitney test. We also performed a multiple regression analysis to determine relationship of  $T_{iButton}$  with  $T_s$  and compared slope for each species. Data analysis and graphics processing programs were performed with Systat 13®. The tests were performed with  $P \leq 0.05$  and means are expressed  $\pm 1$  SE,  $n$  and total range.

Moreover, for *C. oaxacana* a Wilcoxon two-sample test was performed in order to test whether there was significant difference between  $T_s$  measured through a cloacal thermometer and  $T_{iButton}$  measured by modified iButtons.

All lizards used in this study were marked with a nontoxic paint to identify lizards that had already been measured so that repeat measurements were not made and then released at the exact site of capture.

## Results

### Calibration

The mean  $T_b$  and mean  $T_{iButton}$  of three individuals of *S. poinsettii* was  $29.5 \pm 0.31$  °C (range, 23.1 – 36.5 °C,  $n = 118$ ) and  $31.1 \pm 0.33$  °C (range, 23.5 – 38.0 °C,  $n = 120$ ), respectively. Moreover in two individuals of *S. jarrovii*, mean  $T_b$  and mean  $T_{iButton}$  was  $31.1 \pm 0.32$  °C (range, 23.7 – 37.0 °C,  $n = 118$ ) and  $31.9 \pm 0.33$  °C (range, 24.0 – 39.0 °C,  $n = 120$ ), respectively.

The ANCOVA analysis showed a significant difference between two species ( $F_{1,297} = 70.71$ ,  $P < 0.0001$ ), so we proceeded to perform a regression model for each species (Figure 1). The model met assumption of normality of residuals and homoscedasticity. The linear equation obtained for *S. poinsettii* was  $T_b = 1.29 + 0.91 \times T_{iButton}$  ( $n = 180$ ,  $R^2 = 0.95$ ,  $P < 0.0001$ ), and *S. jarrovii* was  $T_b = 1.38 + 0.93 \times T_{iButton}$  ( $n = 120$ ,  $R^2 = 0.95$ ,  $P < 0.0001$ ).

### Selected body temperature

The mean  $T_s$  and mean  $T_{iButton}$  of *S. poinsettii* was  $32.3 \pm 0.60$  °C ( $n = 76$ , range, 19.8 – 40.0 °C) and  $33.0 \pm 0.66$  °C ( $n = 76$ , range, 19.0 – 45.0 °C), respectively. Moreover for *S. jarrovii*, mean  $T_s$  and mean  $T_{iButton}$  was  $32.7 \pm 0.44$  °C ( $n = 57$ , range, 21.7 – 39.8 °C) and  $33.0 \pm 0.59$  °C ( $n = 57$ , range, 20.5 – 41.0 °C), respectively.

A Mann-Whitney  $U$ -test on  $T_s$  between *S. poinsettii* and *S. jarrovii* revealed no significant differences ( $W = 5,842$ ,  $P = 0.41$ ). Furthermore, a Student  $t$ -test revealed no significant differences between  $T_s$  and  $T_{iButton}$  for *S. poinsettii* ( $t = 0.67$ ,  $df = 150$ ,  $P = 0.501$ ), and a Mann-Whitney  $U$ -test revealed no significant differences between  $T_s$  and  $T_{iButton}$  for *S. jarrovii* ( $W = 5,247.5$ ,  $P = 0.48$ ).

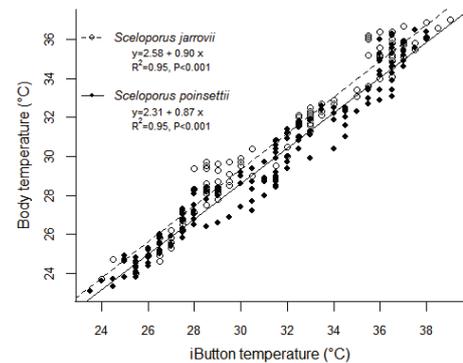
Both *S. poinsettii* as *S. jarrovii*  $T_s$  was positively related with  $T_{iButton}$  (Figure 2). The linear equation obtained for *S. poinsettii* was  $T_s = 1.08 \times T_{iButton} - 2.20$  ( $n = 76$ ,  $R^2 = 0.98$ ,  $P < 0.0001$ ), and *S. jarrovii* was  $T_s = 1.28 \times T_{iButton} - 9.13$  ( $n = 57$ ,  $R^2 = 0.93$ ,  $P < 0.0001$ ).

Furthermore, mean  $T_s$  and mean  $T_{iButton}$  of *C. oaxacana* was  $32.1 \pm 0.6$  °C ( $n = 37$ , range, 13.1 – 39.5 °C) and  $32.1 \pm 1.0$  °C ( $n = 37$ , range, 14.1 – 39.1 °C), respectively; which were not significantly different (Mann-Whitney  $U$ -test,  $W = 720$ ,  $P = 0.7$ ), and we proceeded to perform a regression model between  $T_s$  and  $T_{iButton}$  (Figure 3) and relationship was positive. The linear equation obtained for *C. oaxacana* was  $T_s = 0.75 \times T_{iButton} + 7.16$  ( $n = 37$ ,  $R^2 = 0.93$ ,  $P = 0.02$ ).

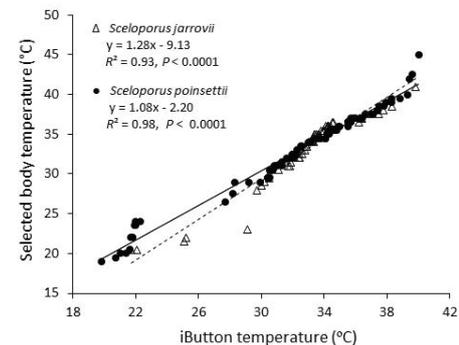
## Discussion

In laboratory, body temperature ( $T_b$ ), and preferred temperature ( $T_s$ ) obtained from *S. jarrovii* and *S. poinsettii* fell within the range of  $T_b$ s of other lizards in the family Phrynosomatidae, with a mean  $T_b$  of 35.2 °C [19–21]. However, there is substantial variation in  $T_b$ s among species and values range from 26.8 and 41.5 °C. In the present study,  $T_b$  (calibration) for *S. jarrovii* and *S. poinsettii* was 31.1 and 29.5 °C, respectively;

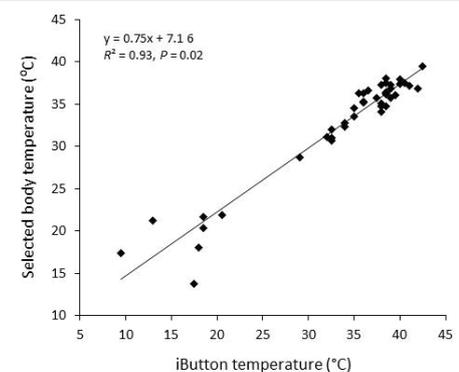
whereas  $T_{iButton}$  was 31.9 and 31.1 °C, respectively. Furthermore,  $T_s$  for *S. jarrovii* and *S. poinsettii* were 32.7 and 32.3 °C, respectively; whereas  $T_{iButton}$  was 33.0 and 33.0 °C, respectively. Moreover,  $T_s$  and  $T_{iButton}$  for *C. oaxacana* were 32.1 and 32.1 °C, respectively.  $T_s$  measured for *S. jarrovii*, *S. poinsettii*, and *C. oaxacana* are within the range observed for lizards, which generally approaches 30 °C [22,23]. Therefore, thermal preferences appear more phylogenetic that certain environmental factors present in each population of lizards of this group.



**Figure 1:** Relationship between iButton temperature ( $T_{iButton}$ ) and body temperature ( $T_b$ ) of *Sceloporus jarrovii* and *Sceloporus poinsettii*. The observation of calibration curve for *S. jarrovii* is shown as open circles with fitted regression as a dashed line, and a solid circle with fitted regression as a solid line for *S. poinsettii*.



**Figure 2:** Relationship between iButton temperature ( $T_{iButton}$ ) and selected temperature ( $T_s$ ) of *Sceloporus jarrovii* and *Sceloporus poinsettii*. The observation of curve for *S. poinsettii* is shown as solid circles with fitted regression as a solid line, and an open triangle with fitted regression as a dashed line for *S. jarrovii*.



**Figure 3:** Relationship between iButton temperature ( $T_{iButton}$ ) and selected body temperature ( $T_s$ ) of *Ctenosaura oaxacana*. Observations of curve are shown as solid diamonds with fitted regression as solid line.

In this study there was a significant relationship between  $T_{iButton}$  and  $T_b$  for *S. jarrovi* and *S. poinsettii*, as well between  $T_{iButton}$  and  $T_s$  for three species of lizards. Results from regression models showed that  $T_{iButton}$  is a good indicator of  $T_b$  for *S. jarrovi* and *S. poinsettii* during calibration process. In the same way,  $T_{iButton}$  is a good indicator of  $T_s$  for *S. poinsettii*, *S. jarrovi* and *C. oaxacana* through experiment gradient. External and internal temperature measurements were highly correlated. Thus, external measurements using modified iButtons provided an accurate measurement of  $T_b$  for *S. jarrovi* and *S. poinsettii* and  $T_s$  for three species of lizards in this study.

Our data confirm that iButtons must be calibrated prior to placing on the lizards. The failure to do so can result in the underestimation of body temperature by as much as 1.4 °C [24]. Slopes and  $R^2$  data of these study suggest that a linear fit to calibration data is adequate for physiological temperature ranges. The modified iButtons are thus a convenient device for making these preliminary studies and should aid in improving the quality of selected temperature data and other metabolic data obtained in laboratory.

## Acknowledgments

Funding for this project was provided to HG by Instituto de Ecología, A. C. (project: 20021/10050). Permit SEMARNAT-SPGA/DGVS/07946/08.

## References

- Huey RB, Slatkin M (1976) Costs and benefits of lizard thermoregulation. *Q Rev Biol* 51: 363-384. [Link: https://goo.gl/o1uhYB](https://goo.gl/o1uhYB)
- Pough FH, Gans C (1982) The vocabulary of reptilian thermoregulation. In: Gans, C. and F.H. Pough (eds) *Biology of the Reptiles*, Vol. 12: 17-23. Academic Press, London. [Link: https://goo.gl/Hv7q5Q](https://goo.gl/Hv7q5Q)
- Muller JM, Rakestraw DL (1994) Evaluation of a new miniature temperature data logger. *Herpetol Rev* 26: 22-23. [Link: https://goo.gl/nDMGaf](https://goo.gl/nDMGaf)
- Angilletta MJ Jr, Krochmal AR (2003) The Thermochron: A Truly Miniature and Inexpensive Temperature-Logger. *Herpetol Rev* 34: 31-32. [Link: https://goo.gl/cacCDo](https://goo.gl/cacCDo)
- Angilletta MJ, Jr (2009) *Thermal adaptation: A theoretical and empirical synthesis*. Oxford University Press, USA. [Link: https://goo.gl/1Cq458](https://goo.gl/1Cq458)
- Robert KA., Thompson MB (2003) Reconstructing thermochron iButtons to reduce size and weight as a new technique in the study of small animal thermal biology. *Herpetol Rev* 34: 130-132. [Link: https://goo.gl/6sS51c](https://goo.gl/6sS51c)
- CONAGUA-SARH (2006) Dirección de hidrología- Departamento de cálculo hidrométrico y climatológico. Durango: Estación Lerdo. Rzedowski J (1981) *Vegetación de México*. Limusa, México. [Link: https://goo.gl/wukm2r](https://goo.gl/wukm2r)
- Lemos-Espinal JA, Smith HM (2007) Amphibians and reptiles of the state of Chihuahua, Mexico. Universidad Nacional Autónoma de México y Comisión Nacional para el Conocimiento y Uso de la Biodiversidad, México.
- Gadsden H, Estrada-Rodríguez JL (2007) Ecology of the spiny lizard *Sceloporus jarrovi* in the central Chihuahuan desert. *Southwest Nat* 52: 600-608. [Link: https://goo.gl/gmbsDJ](https://goo.gl/gmbsDJ)
- Gadsden H, Rodríguez-Romero FJ, Méndez-de la Cruz FR, Gil-Martínez R (2005) Ciclo reproductor de *Sceloporus poinsettii* Baird y Girard 1852 (Squamata: Phrynosomatidae) en el centro del desierto Chihuahuense, México. *Acta Zool Mex (Nueva Ser)* 21: 93-107. [Link: https://goo.gl/kY5ZSX](https://goo.gl/kY5ZSX)
- Pérez-García E, Meave J, Gallardo C (2001) Vegetación y flora de la región de Nizanda, Istmo de Tehuantepec, Oaxaca, México. *Acta Bot Mex* 56: 19-88. [Link: https://goo.gl/4b9B5D](https://goo.gl/4b9B5D)
- Farias V (2004) Spatio-temporal ecology and habitat selection of the critically endangered tropical hare (*Lepus flavigularis*) in Oaxaca, Mexico. PhD Dissertation, Massachusetts University, USA. [Link: https://goo.gl/nMCEf9](https://goo.gl/nMCEf9)
- Sántiz LE (2005) Selección de hábitat y densidad de la liebre del Istmo *Lepus flavigularis* (Wagner 1844) en Oaxaca México. Master Dissertation, Instituto de Ecología, A.C. México.
- Rioja T, Carrillo-Reyes A, Espinoza-Medinilla E, López-Mendoza S (2012) Basic ecology of the Oaxacan Spiny-tailed Iguana *Ctenosaura oaxacana* (Squamata: Iguanidae), in Oaxaca, Mexico. *Rev Biol Trop* 60: 1613-1619. [Link: https://goo.gl/xM6XLx](https://goo.gl/xM6XLx)
- Bakken GS (1992) Measurement and application of operative and standard temperatures in ecology. *Amer Zool* 32: 194-216. [Link: https://goo.gl/fa41Hx](https://goo.gl/fa41Hx)
- R Development Core Team (2012) R: a Language and environment for statistical computing. In, p., Vienna, Austria. [Link: http://www.Rproject.org](http://www.Rproject.org)
- Hertz PE, Huey BR, Stevenson RD (1993) Evaluating temperature regulation by field-active ectotherms: the fallacy of the inappropriate questions. *Amer Nat* 142: 796-818. [Link: https://goo.gl/ppRDzS](https://goo.gl/ppRDzS)
- Sinervo B, Méndez-de la Cruz F, Miles DB, Heulin B, Bastiaans E, et al. (2010) Erosion of lizard diversity by climate change and altered thermal niches. *Science* 328: 894-899. [Link: https://goo.gl/QvXczV](https://goo.gl/QvXczV)
- Gadsden H, Castañeda G, Huitrón-Ramírez RA, Zapata-Aguilera SA, Ruiz S, et al. (2018) Ecology of the Lagoon Spiny Lizard, *Sceloporus gadsdeni*, from the central Chihuahuan Desert, Mexico. *Phyllomedusa* 17: 181-193.
- Lara-Resendiz RA (2017) A quantitative analysis of the state of knowledge of the thermal ecophysiology of reptiles in Mexico. *Árido-Ciencia* 2: 36-47.
- Angilletta Jr MJ (2009) *Thermal adaptation: A theoretical and empirical synthesis*. Oxford University Press, USA. [Link: https://goo.gl/Fnvn3v](https://goo.gl/Fnvn3v)
- Gadsden H, Castañeda G, Huitrón-Ramírez RA (2015) *Sceloporus cyanostictus*. Field and preferred body temperature. *Herpetol Rev* 46: 436-437. [Link: https://goo.gl/xwLM9T](https://goo.gl/xwLM9T)
- Lovegrove BG (2009) Modification and miniaturization of thermochron iButtons for surgical implantation into small animals. *J Comp Physiol B* 179: 451-458. [Link: https://goo.gl/RL5VQL](https://goo.gl/RL5VQL)