

## Case Report

# A Huge Para-pharyngeal Mass: Excision through Trans-cervical Approach

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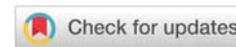
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## Abstract

Para-Pharyngeal Space (PPS) is an inverted cone-shaped potential space that extends from the hyoid bone to the base of the skull. It is filled with fat and areolar tissue lie laterally on either sides of pharynx; and is bounded and subdivided by various condensations of fascia. Tumors, although rare less than 1% of head neck neoplasm can arise from any structures of this space. Mostly they are benign 70-80% and 20-30% are malignant. Salivary gland tumor, particularly deep lobe parotid constitutes more than 80%. Imaging studies are invaluable to define the site of origin, extension, relationship to the great vessels of the neck and other neurovascular structures. Surgery is the mainstay of treatment. Several approaches have been discussed in the text books. We present a case of a huge para-pharyngeal space tumor that was excised completely through trans-cervical approach without any morbidity.

## Introduction

The parapharyngeal space is an inverted pyramid shaped space, its base lies at the skull base and apex points inferiorly to the styloglossus muscle at the level of the angle of the mandible on each side of the neck that extends up to the greater cornu of hyoid bone. The fascia from the styloid process to the tensor veli palatini divides the parapharyngeal space into an anterior (prestyloid) compartment and a posterior (poststyloid) compartment.

Pre-styloid compartment houses the deep lobe parotid, ectopic salivary glands, a small branch of the trigeminal nerve, the ascending pharyngeal artery, the pharyngeal venous plexus, and lymph nodes. The post-styloid compartment contains mainly adipose tissue, Internal Carotid Artery (ICA) and Internal Jugular Vein (IJV), cranial nerves IX-XII, the cervical sympathetic trunk, and lymph nodes.

Most PPS tumor is benign, comprising 70-80%. Mostly they are salivary gland origin accounting 60-70% and usually

arise from the deep lobe of parotid gland, ectopic salivary gland or in minor salivary glands of the lateral pharyngeal wall. The most common prestyloid PPS lesion is "pleomorphic adenoma" represents 80-90% of salivary neoplasms in the PPS [1-4]. Many other lesion of this compartment belongs to neurogenic tumors especially Schwannomas, paragangliomas, and lymphoreticular lesions.

In most of the cases the tumor remains asymptomatic and becomes an incidental finding. It can present with dysphagia, sore throat, feeling of lump in the throat, neck swelling etc. In this article we present a case of 15 years old girl reported with a huge swelling in the oral cavity.

## Case report

A 15 years old beautiful girl presented with a gradually progressive painless swelling in the throat and change in quality of speech for one-year. According to her statement, she was reasonably well 4 years back then she started feeling pricking sensation in the throat. While she the girl tried to see

her throat with a mirror, she incidentally discovered a huge bulging in her right side of palate. In spite of the fact, she did not develop any significant symptoms for over 3 years and had not disclosed to her parents. Since then she experienced little change of her voice and subsequently she also noticed a swelling in ipsilateral upper neck.

On examination of the oral cavity and throat, there was a smooth bulge of right half of soft palate (Figure 1) and right lateral pharyngeal wall with medial displacement of right tonsil and left lateral displacement of uvula. Neck examination revealed a diffuse swelling in the level 1b, Peroral palpation the mass was firm, non tender and bosselated surface on the palate extended to nasopharynx, with smooth palpable swelling in the floor of mouth. Postnasal examination showed extension of the swelling into the nasopharynx and indirect laryngoscopy revealed the lower limit of swelling at the level of vallecula. Neck palpation revealed a non tender diffuse swelling, overlying structures remained free and bimanual palpable. There was no significant lymph node enlargement in the neck. Her FNAC suggested it as pleomorphic adenoma.

On the basis of history, physical examination and FNAC finding, it was diagnosed as a case of right parapharyngeal mass. MRI of oral cavity and neck was done and showed a well circumscribed lobulated soft tissue mass measuring 6.5×4.5×6.2 cm in the right parapharyngeal space, extending from the base of skull to vallecula, crossing the midline, and compressing the ICA and IJV (Figures 2a,b).

### Surgical procedure

Through a submandibular transcervical approach, the parapharyngeal space was accessed; a tunnel made between the submandibular gland and vascular triangle after lateral mobilization of SCM.

The mass first separated from the vascular triangle and mobilized from the infratemporal fossa, nasopharynx, and oropharynx and completely extirpated from the adjacent areas within only 10 minutes with a very minimum blood loss (approx <100ml). The mobilization and separation mostly controlled by the finger (Figure 3). (Total operation time from incision to closer was less than 1 hour). The mass measured 6×5.5×4 cm (Figure 4).

Histopathologically showed features of a pleomorphic adenoma, composed of epithelial and myoepithelial cells disposed in chondro-myxoid background (Figure 5).

### Discussion

Para-pharyngeal space is a potential space of head and neck that may become involved by various pathological entities such as infections, inflammatory, and neoplastic. Tumors of this PPS represent less than 1% of all head and neck tumours [5-8]. Both benign and malignant tumors may arise from any structure contained within the PPS where 70-80% appears belong to benign and 20-30% to malignant. Of the benign tumors pleomorphic adenoma is the commonest [9]. The most common site of a pleomorphic adenoma of the minor salivary

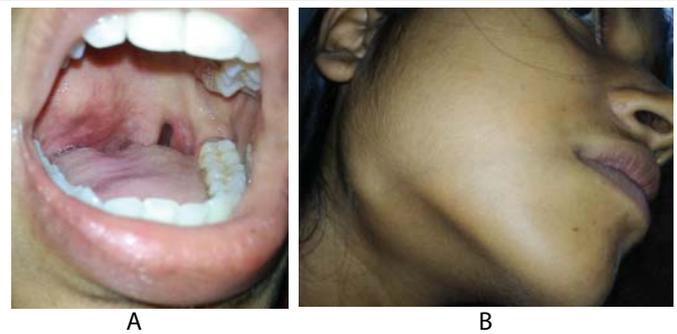


Figure 1: Bulged right side of soft palate (a) and submandibular swelling (b).

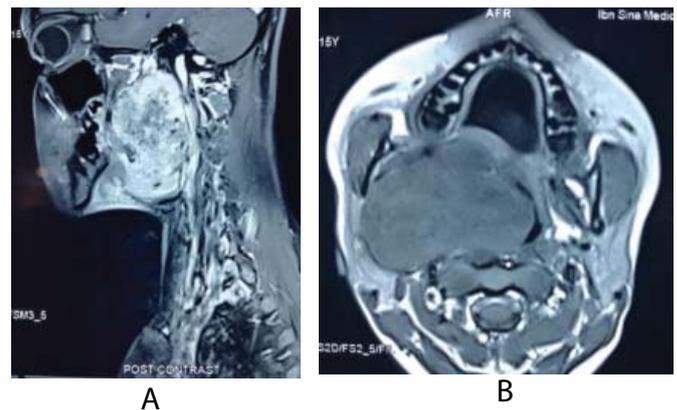


Figure 2: MRI Oral cavity including neck, showing the extension of tumor.

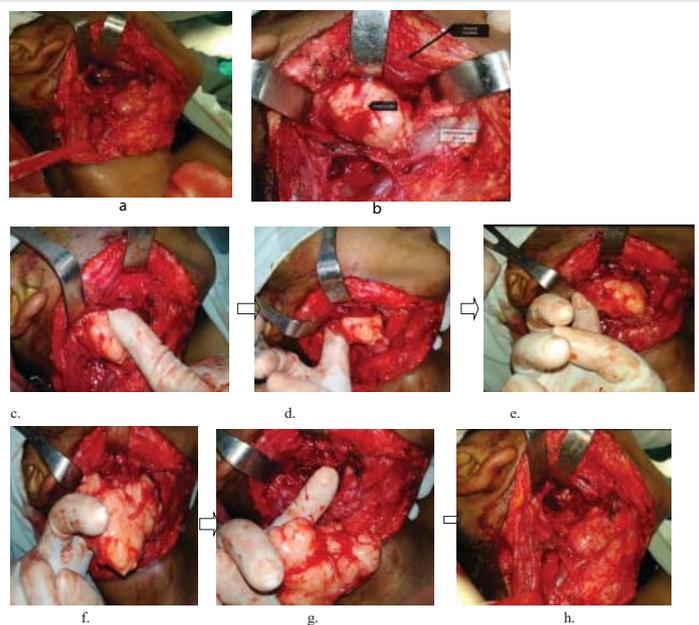


Figure 3(a-h): (a) SCM Lateralization. (b) Exposure of field with retraction of mandible. (c-h) Step of dissection.

gland is on the palate followed by lip, buccal mucosa, and floor of mouth [10]. Pleomorphic adenoma of PPS can arise from deep lobe of parotid or ectopic salivary glands [11-13], which was correlated in our case.

The presentation is variable, most of these tumors remain



Figure 4a,b: Size of lesion after excision.

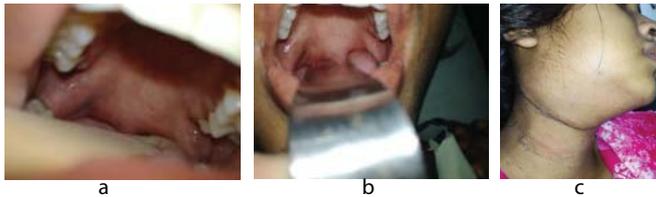


Figure 5a-c: Post operative picture.

asymptomatic for long time but may present with dysphagia, voice change, sore throat, otalgia, lower cranial palsy etc. Classically the benign lesions are painless, firm and mobile. A lateral pharyngeal swelling or a palatal bulging along with medial tonsillar and lateral uvular displacement is diagnostic of a para-pharyngeal mass with or without extension to retromandibular trigone and the submandibular triangle. In most of the cases the submandibular swelling remains bimanually palpable [6,13,14], that was aptly found in this girl.

The diagnostic workup algorithm begins with hematologic and serologic tests. Fine needle aspiration cytology (FNAC), CT and/or MRI studies should be the part of the preoperative diagnosis to determine the extent of disease, local spread, and even the type of tumor. Preoperative FNAC was carried out and was diagnostic in our case.

Cross sectional imaging is mandatory to see the extension, character and site of origin of the lesion. MRI is superior than CT as it helps to identify the site of origin. A CT scan is cost effective and with contrast ascertains the vascularity of tumors and their relationship to adjacent neurovascular structures. The presence or absence of fat planes between the tumor and adjacent structures and the direction in which the tumor displaces the fat plane helps to determine whether the tumor is located in the pre-styloid or post-styloid compartment and whether the site of origin is the parotid gland [5,8,15]. In addition, a CT scan provides a precise definition of the skeletal framework, demonstrating bone remodeling, expansion, or destruction.

The mainstay of treatment of tumors of the parapharyngeal space is surgical extirpation. though choice of surgical approach is challenging due to its location with cranial nerves, great vessels sympathetic chain [15]. Complete excision of the tumor is recommended to corroborate the diagnosis suggested by the clinical examination and imaging. Several approaches have been recommended like- Transoral, Transcervico-Submaxillary, Transcervical, Transmandibular, Transparotid, Infratemporal

Fossa approach [16-18], etc. However different approaches have individual co-morbidity. In an encapsulated tumor of PPS, trans-cervical approach remains beneficial as mandibular splitting can be avoided though there is chance of marginal mandibular nerve injury, but can easily be avoided. In our case we used the submandibular trans-cervical approach and the mandible was retracted superiorly for better exposure and mass can be removed by blunt dissection.

## Conclusion

It is challenging for a surgeon to choose the best approach to a para-pharyngeal space tumor without morbidity. Cross sectional imaging is best to diagnose and assess extension of the tumor; and it also aids to choose the surgical approach. A large encapsulated tumor can come easily through a trans-cervical approach without mandibular splitting.

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